

Grand Rapids Community College Student Food Pantry List

Protein

- Cans of Tuna*
- Cans of Chicken*
- Canned Stew
- Canned Chili
- Hash
- Pork and Beans
- Soups
- Spaghetti Sauce*
- Kidney Beans
- Peanut Butter*

Canned Vegetables

- Beans
- Carrots
- Peas
- Tomatoes
- Corn
- Instant Potatoes

Fruits

- Canned Fruits
- Fruit Cups
- Dried Fruits
- Jelly
- Raisins
- Juice Boxes

Starches

- Rice*
- Pasta*
- Macaroni and Cheese*
- Crackers
- Cans of Ravioli/SpaghettiO's*
- Hamburger Helper
- Boxed Meals *

Breakfast

- Boxes of Cereal*
- Instant Oatmeal (individual packets)*
- Cereal Bars
- Pancake Mix
- Syrup
- Pop Tarts
- Muffin Mix

On the Go/Snacks

- Tortilla Chips
- Salsa
- Pringles
- Cookies
- Granola Bars*
- Microwave Popcorn
- Easy Mac*
- Microwaveable Non-Frozen Meals*

Basic Necessities

- Soap
- Toilet Paper
- Shampoo
- Conditioner
- Toothpaste
- Lotion
- Deodorant
- Feminine Hygiene
- Laundry Detergent
- Dryer Sheets

* Indicates high demand items

You may drop off donations in Student Life (1st floor Student Center) during normal office hours. The GRCC Student Food Pantry will only accept non-perishable food items. **If you would like to make a donation please consider a Meijer gift card so that we can replenish the food pantry with necessary items.**

