Accomplishments

Curriculum

1. Course Document Updates in CARP

Please list the courses for which you updated or plan to update the Course Documents in CARP during the 2011/2012 academic year:

- WE 102, 125, 126, 127, 129, 134, 135, 141, 155, 156, 165, PE 184

Please list the courses for which you plan to update the Course Documents in CARP during the 2012/2013 academic year:

- PE 185, PE 186, PE 195, PE 198, PE 203, PE 201, WE 104, 105, 124, 128, 130, 131, 132, 133, 140, 142, 143, 144, 145, 146, 152, 157, 166, 192, 181, 182

2. Program/Curriculum Changes

Document the following for the 2011/2012 academic year. If something does not apply, indicate N/A:

- New, revised or discontinued courses:
  - Discontinued – Football Theory

- New, revised or discontinued programs:

- New, revised or discontinued certificates:

- New, revised or discontinued degrees:

- Courses or Programs approved for online:
  - PE 203, PE 201, WE 125, WE 127

- Highlight any new or exciting curricular or co-curricular activities within courses or programs:
  - Older Learner Collaboration, Pre-School Collaboration with our WE 157 classes, MSU Extension and Schools of Hope with our PE 184 classes. Volunteering in Byron Public School system.

- List any courses for which a Service Learning component has been added:
  - PE 186, PE 184, WE 157

- List and new articulation or transfer agreements that have been developed:
Describe the contributions of the Advisory Committee or other external advisors to program/course improvements:

Summarize program/course improvements not mentioned above:

The Wellness Department will be implementing a Wellness component to every class that is taught, including all activity courses.

Describe any efforts you have made to improve the transfer of our students or of your curricula to four-year institutions.

Our Department is beginning to work on this now, by making contacts with Universities and working collaboratively with them on transferability.

3. Faculty & Staff

Describe any faculty & staff accomplishments:

Charlie Wells – 30 Years of Service

Doug Wabeke – 25 Years of Service

Mike Cupples – 21 Years of Service

Melanie Schiele Gady – Just finished writing a Yoga Book for our students, received her Yoga 200 RYT Certification through Yoga Alliance, attended and received certifications in YogaFit Level 5, YogaFit Seniors, YogaFit Kids, YogaFit Pre/Post Natal, Yoga Props, and Yoga Lean.

Completed 18 Year Longevity Training Credits

Recognition for good online class (WE 127) from the Provost

Jodi Kuyt – Received President’s Health and Fitness Award, Received certification in YogaFit Level 4, YogaFit Pre/Post Natal, Advisor for GRCC Cares, Completed 4th Year Longevity Training Credits

Jocelyn Bunce – Online Teaching Certification

List any awards, presentations, publications:

Jodi Kuyt – President’s Health and Fitness Award

Melanie Schiele-Gady – Wrote Yoga Book for GRCC Students

Describe any faculty/student advising that occurred. Does this work relate to the departmental plan? Was this work effective?

Continue student/teacher advising for Physical Education Majors and also students interested in the fitness field, group exercise, personal training, yoga, and other specialty areas on a regular basis. Work with students to get them enrolled in certifications regularly.
Describe how EOL/Release time positions have contributed to your program outcomes?

Scheduling of classes each semester, CARP, Wellness Transferability, attend Dept. Head Meetings, Curriculum Development, Faculty and Administrative Liaison, Conflict resolution, General Leadership

4. Department

Provide an update on any accreditation activities or plans. Do you plan to pursue accreditation?

CPR/First Aid 20 sections per semester, certifying 400 students per semester in CPR and First Aid.

Describe any new department/program specific partnerships or grants:

The Nursing Program is doing a Health/Wellness Assessment Pilot Program Summer 2012 with some of our Wellness Classes.

Pre-School Partnership with WE 157 classes.

Partnership with MSU Extension to teach Organ Wise Guys at the Grand Rapids Public Schools. Partnership with Grand Rapids Public Schools for Schools of Hope.

Provided 2 students with scholarships ($900 total) through Health and Fitness Scholarship, GRCC Foundation Donor Melanie Schiele Gady).

Baseball Theory class – collaborates with kids host Outlaw Camp.

Describe any department/program projects or initiatives not previously mentioned:

Have started working on WE 165 online course.

Goals

A. 2011-2012 Goals

List the 2011-2012 goals here along with a progress update for each:

- Implemented standardized testing in weight training classes
- Have created partnerships with area schools and businesses to enhance ASL purposes for PE 186, PE 184, WE 157
- Have increased the number of instructors able to teach online

Please provide outcomes associated with each goal above:
B. **2012-2013 Goals**

List 2012-2013 goals here:

- Increase/expand our adjunct teaching pool
- Enhance the relevance of laboratory experience in WE 166, Individual Aerobic Conditioning
- Create partnerships with Officials Associations and Sport Governing Bodies to enhance PE 185 Sport Officiating
- Continue partnerships with area schools and businesses to enhance ASL purposes for PE 186, PE 184, WE 157 as well as gain more partnerships
- Continue exploring benefits of changing our name as a department
- Continue to increase online/hybrid course offerings and the number of instructors certified to teach online/hybrid courses.
- Organize an annual Fitness/Wellness Fair
- Update All CARP documents
- Update our Website including photos, links, and class descriptions
- Maintain our Facilities and equipment
- Continue to certify instructors in our department and keep all certifications up-to-date
- Continue to create partnerships in the community and expand the number of partnerships we currently have
- Develop 2 new courses
- Continue to increase cross campus communication/collaboration
- Perform a Wellness Curricula Study across Michigan

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**Program & Curriculum Assessment**

A. **2011-2012 Assessment**

This year all departments and programs are writing Program Outcomes, Program Learning Outcomes, and choosing an Assessment Project to work on. You should have received the template for reporting this information from Patti Trepkowski. This form is also included on the next page for your convenience. You can simply cut and paste the Program Outcomes & Assessment grid that you will be sending to Patti once it is finalized (replace the blank grid on the next page with your completed grid).

B. **Other Assessment Activities**

Please describe any other assessment activities in which this department or program was involved this year.
2011-2012 Program Outcomes and Assessment Report Form

Use this form to compile the Program Outcomes, Program Learning Outcomes, and Assessment Project description and methods.

When you have completed your planning, fill out the following form and email it to ptrepkowski@grcc.edu.

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Program Outcomes</th>
<th>Student Learning Outcomes at the Program Level and Associated ILOs</th>
<th>Assessment Project Description</th>
</tr>
</thead>
</table>
|              | 1. To meet the GRCC Wellness requirement                                          | 1. Lifelong learning on how to be Well/Healthy                                                                                 | Student Learning Outcome to be assessed & specific objective/competencies (if applicable)/ILO to be assessed:  
2. Transferability                                                                                                                                   | 1. Physical performance/Improvement, and knowledge of content |
|              | 2. Transferability                                                                | 2. Gain credit that is able to transfer to a 4 year institution                                                               | Assessment Project description:  
Begin Fall 2012 collecting data/assessing the outcomes of our classes.                                                                                   |
|              |                                                                                  |                                                                                                                                  | Assessment Methods:  
Direct/Indirect Measures of Student Learning  
Pick 3-5 classes/semester and perform fitness testing                                                                                               |
|              |                                                                                  |                                                                                                                                  | Data Collection Strategies  
Manual testing done by the instructor, putting the data into an excel spreadsheet                                                                 |
<table>
<thead>
<tr>
<th>Data Analysis/Reporting Strategies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Excel Spreadsheet</td>
</tr>
</tbody>
</table>

**Assessment Timeline**

- **F’12** – Studying Overall Improvements in Wellness for each student tested
- **W’13** – Studying Overall Improvements in Wellness for each student tested