Seeking a Degree in Exercise Science?

GRCC is excited to announce a new articulated program with Grand Valley State University! Complete 2 years of schooling at GRCC followed by 2 more at GVSU to earn your B.S. in Exercise Science. Save thousands of dollars while earning a top-notch education!

For more information, please email jgee@grcc.edu or call the Exercise Science Department office at (616)-234-3994

Clinical Exercise Science degree seeking students will complete the following schedule while at GRCC:

**Semester #1 Courses (Fall)**
- BI 151 Introduction to Cells, Molecules, and Genes (4)
- CHM 120 Survey of General Chemistry (5)
- MA 110 College Algebra (4)
- EXS 184 Principles of Physical Education (3)
**Total: (16)**

**Semester #2 Courses (Winter)**
- BI 121 Human Anatomy and Physiology 1 (4)
- CHM 240 Survey of Organic Chemistry (4)
- EN 101 English Composition 1 (3)
- PY 201 General Psychology (3)
- Wellness Elective (1)
**Total: (15)**

**Semester #3 Courses (Fall)**
- BI 122 Human Anatomy and Physiology 2 (4)
- CHM 250 + 251 Biological Chemistry/Lab (5)
- MA 215 Statistic (4)
- PS 110 Survey of American Government (3)
**Total: (16)**

**Semester #4 (Winter)**
- EN 102 English Composition 2 (3)
- CA 250 Nutrition (3)
- PE 198 Introduction to Athletic Training (3)
- Humanities Elective (3)
- PH 125 College Physics (4)
**Total: (16)**

**Semester #5 Courses (Summer)**
- MOV 304 Introduction to Exercise Physiology (3) [Taken at GVSU]

Career Options with B.S. in Clinical Exercise Science:
- Cardiac Rehabilitation
- Strength & Conditioning Coach
- Corporate Wellness
- Fitness and Wellness Instructor
- Physical Therapy
- Personal Trainer
- And many more!