GRCC, GVSU sign articulation agreement for clinical exercise science program

Feb. 19, 2014 GRAND RAPIDS, Mich. — Grand Rapids Community College and Grand Valley State University recently signed an articulation agreement that will give students a seamless transfer to GVSU’s rapidly growing clinical exercise science program.

What does this agreement — a first for GRCC’s wellness department — mean to students? A student majoring in exercise science can complete the first two years of the program at GRCC, finish their final two years at GVSU and graduate with a bachelor’s degree in clinical exercise science. Cardiac rehabilitation specialist, strength and conditioning specialist, and physical therapist are among the many careers open to people with this degree.

“This articulation agreement will help students save money, and it also will help students by giving them a plan to follow while here and at GVSU,” said Jodi Gee, head of GRCC’s wellness department. “The field of exercise science has grown so quickly! Exercise science majors at GVSU have increased 450 percent in the last five years. This agreement will allow GRCC to take some of those students in the first two years to help meet the increasing demand in exercise science.”

Students in GRCC’s wellness courses learn how exercise, nutrition, weight control and stress management promote health and how to relate those skills into workplace safety and wellness practices. Studies also include the causes, prevention and management of disease as well as knowledge of general anatomy, physiology and biomechanics to customize exercise programs for fitness, metabolism and weight control.

Grand Rapids Community College, established in 1914, offers opportunities for more than 30,000 students annually in degree courses, certification and training programs, workshops and personal enrichment classes. GRCC holds classes on the downtown Grand Rapids campus as well as several locations throughout Kent and Ottawa counties.