### GRAND RAPIDS COMMUNITY COLLEGE

SCHOOL OF WORKFORCE DEVELOPMENT

# GH 125

## INTRODUCTION TO THE STRUCTURE AND FUNCTION OF THE HUMAN BODY

Updated Fall 2019

#### **GENERAL HEALTH**

GH125

#### Introduction to the Structure and Function of the Human Body

COURSE DESCRIPTION: The study of the structure and function of the normal human body and the practices necessary to maintain normal health. Medical terminology of disorders related to each unit are also included.

#### **Student Learner Outcomes:**

- 1. Discuss levels of organization in the body necessary to sustain life
  - 2. Describe the musculoskeletal system
  - 3. Name and locate the bones of the body
  - 4. Name and locate selected muscles of the body
  - 5. Describe the nervous system
  - 6. Discuss the general, special and organic senses
  - 7. Discuss the endocrine system and related hormones
  - 8. Describe the circulatory system
  - 9. Name and locate the cardiac anatomy
  - 10. Discuss the digestive system
  - 11. Discuss the respiratory system
  - 12. Discuss the urinary system
  - 13. Describe systems of reproduction
  - 14. Discuss fetal development
  - 15. Explore pathogens and how the body responds to invasion

#### **INSTRUCTIONAL MATERIALS, TOOLS AND SUPPLIES:**

REQUIRED TEXT: Patton, K.T and Thibodeau, G.A. <u>The Human body in Health and Disease.</u> <u>seventh edition</u>, Mosby/Elsevier, 2014. ISBN 978-0-323-10124-0.

GRADING SCALE: A grade (score) of C or better is required

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93-100%=A;
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90-92=A-

87-89=B+

83-86=B

80-82=B-

77-79=C+

73-76=C

#### **COURSE OUTLINE**

#### UNITS:

I.	Levels	of	Orga	niza	tion
	LC V CIS	OI.	orga	IIIZa	CIOII

- A. Introduction to Anatomy and Physiology
- B. Body Organization
- C. Chemical Basis of Life
- D. Cell Structure and Function
- E. Tissues
- F. Glands
- G. Membranes
- H. Skin

#### II. Disease and Immunity

- A. Pathogens
- B. Portal of entry
- C. Epidemiology
- D. Active and passive immunity

#### III. Systems of Support and Movement

- A. Skeletal
- B. Muscular

#### IV. Systems of Communication and Control

- A. Nervous
- B. General and Special Senses

#### V. Systems of Transportation

- A. Blood
- B. Heart
- C. Blood Vessels and Circulation

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- VI. Systems of Processing and Elimination
  - A. Digestive
  - B. Respiratory
  - C. Urinary
- VII. Systems of Reproduction/Hormonal influences of Health and Reproduction
  - A. Male
  - B. Female
  - C. Prenatal Development
  - D. The Endocrine system